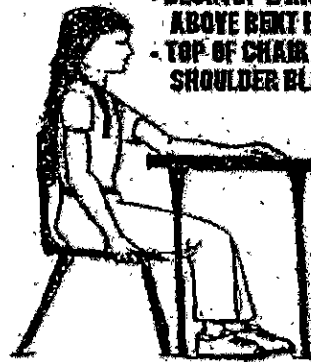


# THREE P'S OF HANDWRITING

## POSTURE

- FEET ON THE FLOOR
- KNEES & HIPS AT 90°
- DESKTOP 2 INCHES ABOVE BENT ELBOW
- TOP OF CHAIR BELOW SHOULDER BLADES



"THUMBS UP POSITION"

## PENCIL

- PINCH & REST
- PLACEMENT
- EXERCISES
- MONK'S GRASP



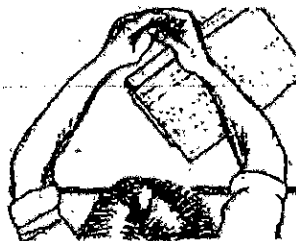
DYNAMIC TRIPOD GRASP



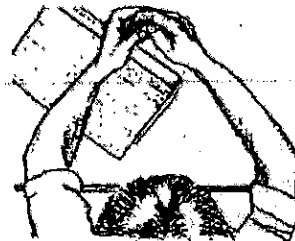
MONK'S GRASP

## PAPER

- ALIGN WITH WRITING ARM
- STEADY WITH NON-WRITING HAND



RIGHT-HANDED POSITION



LEFT-HANDED POSITION

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Figure 80.